## creative aging

An online resource dedicated to creative learning for older adults.



Research indicates that working with artists and engaging in creative activities can decrease feelings of loneliness and isolation in older adults.



The Academy for Creative Aging offers two pathways you can experience.

## **Professional Development**

The Academy's Professional Development track provides a module-based, certificate pathway to **bolster credentials and deepen expertise** and understanding for teaching artists and professionals working with older adults in creative environments.

## Lessons on Demand

Lessons on Demand is an alternative to the Academy's certificate track and aims to provide users with an **entertaining and stimulating creative resource**, including videos on Indian classical dance, how to create a still-life self-portrait, storytelling through theatre, and jazz singing fundamentals.



Get started today!

THE ACADEMY FOR Creative aging academy for creative aging.org